

# Curriculum Vitae

Dr. Aijaz Ahmad Buhroo  
(Ph.D Psychology)

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## **Carrier Objective:-**

To secure a carrier in some reputed organisation which appreciates professional approach and hard work where I can utilize my knowledge, various skills and experience in contribution towards fulfilling the organisations growth. To pursue a challenging carrier in any field where dynamic honest and responsible person is required. In applying for this position. I hope to further develop my skills and learn new ones along with the way to help myself and the organisation.

## **Educational Oualifications:-**

B.ed	University of Kashmir
M.A.	Barkatullah University, Bhopal
M. Phil	Awadesh Pratap SinghUniversity, Rewa
Guidance & Counseling Diploma	Awadesh Pratap SinghUniversity, Rewa
Ph.D.	Barkatullah University, Bhopal

## **Teaching Experience:-**

Four years of teaching experience as a Guest faculty in various Govt. Colleges J&K and one year of as a counselor.

- Government Degree Amar Singh college terture 1 year (Assistant professor)
- Government Degree for women Ananthnagh terture 2 year (Assistant Professor)
- Government Degree college Sumbal terture 1 year (Assistant Professor)

- Counselor M. P Board of school education duration 1 year
- Government Degree college Ganderbal Duration 3 months
- Lovely Professional University Phagwara Jalandhar Punjab duration 2 months and 10 days.

### **Conferences, Workshops & Seminars Attended:-**

- 3<sup>rd</sup> international & 5<sup>th</sup> Indian Psychological science Congress Chandigarh India Hosted by Department of Psychology, P.G Govt. College, Sector -46, Chandigarh
- International conference on youth and well-being November 11-12 November 2106.
- Two Days workshop in Tangmarg Dobawan
- One day workshop organized by NIDAAN Institute of rehabilitation and training Bhopal (M.P), India on 8<sup>th</sup> Day of September, 2018
- 2<sup>nd</sup> International Conference on Research Development in Arts, Social science & Humanities held on 8<sup>th</sup>-9<sup>th</sup> April 2018 at The Indian council of Social Science Research (ICSSR).
- National Seminar on Modern Trends in Contemporary research 22<sup>nd</sup> February 2019 organized by Govt. P.G College, Pipariya M.P.
- National Seminar on Science & Technology for socio- economic- Economic Development Organized by Maharana Pratap Govt. P.G College, Gadarwara, Narsinghpur (M.P) Date 16<sup>th</sup> – 17<sup>th</sup> March, 2019.
- National seminar on quality enhancement in Higher Education Institutions 23- 24 March, 2019 organized by Sri Sathya Sai College for Women, Bhopal.
- Two day international Conference on Stress Management: Dimension and Suggestive Measure Organized by Govt Degree College Ananthnagh in collaboration with the institute of public policy research & development.
- National seminar on The Rights of Persons with Disabilities Act 2016 organized by Digdarshika Institute of rehabilitation and research Bhopal. 2 and 3 February 2018
- Teaching with and writing case studies organized by Jagran Lakecity University, Bhopal on 19<sup>th</sup> November 2016 Facilitated by Prof. Marie Paule Sheard, United

Kingdom.

- UGC sponsored National Workshop on from stress to happiness at workplace 5&6 October 2018. Organized by the department of Management (Under the Autonomus Grant).
- 15 days online National workshop on Mindfulness based Gratitude Therapy organized by PSYUNI TRUST at Srinagar (Garhwal), Uttrakhand from 01/01/2018 to 15/01/2018.
- National Seminar held on 09&10 February Atul Bihari Hindi University, Bhopal (M.P).

### **Book Publication:-**

1. Introduction to psychopathology.
2. Introduction to Cognitive Psychology.

### **Publications:-**

1. Buhroo A.A and Dani V (2019) Theories of Developmental Dyslexia. A brief review, Research Guru, Vol 12, (4) ISSN 2349-266X
2. Buhroo A.A, Wani S.A and Wani M.A (2016) Anxiety and Depression among Cancer and non-Cancer Patients. International journal for innovative research in multidisciplinary field. Vol 2 (10) ISSN-2455-0620.
3. Buhroo A.A and Dani V (2019). Special education for students with learning disabilities. Journal of the Gujarat Research Society. Vol 21, (11) ISSN 0374-8588.
4. Buhroo A.A and Wani S.A (2016). A review on intergroup relationship between Hindu and Muslims in Jammu and Kashmir (India).The international Journal of Indian Psychology. Vol 4 (1) ISSN 2348-5396.

5. Shah S.A, Buhroo A. A, Dani V, Mushtaq S, Naseer N, and Wani S.A (2017). Emotional intelligence of adolescents in relation to their test anxiety and academic stress, Vol 4 (4) ISSN 2348-5396.
6. Mushtaq S, Buhroo A. A, Naseer N, Shah S.A.(2017) Impact of ancient practice in modern society. A study report (2017) International Journal of Emerging Trends in Science and Technology. Vol 4 (09) ISSN 2348-9480
7. Mushtaq S, Buhroo A. A, Naseer N, Shah S.A.(2017). A Study of Socio demographic and Relationship Characteristics of Post-Traumatic Stress Disorder Patients with Substance Use Disorder. International Journal of Emerging Trends in Science and Technology. Vol 4 (09) ISSN 2348-9480
8. Wani S.A, Nagar D and Buhroo A.A (2018). Impact of Academic Stress on Academic Stress on Academic Achievement: A systematic review of literature. International Journal of Movement Education and Social Science. Vol. 07 (02) ISSN 22780793.