

National Service Scheme (NSS) Unit Government Degree College, Kulgam

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Report Regarding the Drug/Substance Abuse Awareness Programme conducted on 8th June 2023:

The NSS Unit, Debates and Seminars Committee and the NCC Girls' and boys' battalions of the college in tandem with the District Social Welfare Office, Kulgam, organised a One-day Awareness Programme on Drug/Substance Abuse today on 8th June 2023. The Program was attended by the honourable former Adviser to Lieutenant Governor, Mr Khursheed Ahmad Ganie, (virtually), Principal, GMC Anantnag, Dr Tariq Qureshi and the officials from the District Social Welfare Office and Drug Deaddiction Centre, Kulgam. The Program was inaugurated by the welcome address delivered by the Worthy Principal of the college, Prof Syed Eazaz Hussain Rizivi. In his address he warmly welcomed the aforementioned to the programme. In his address he impressed upon the august audience the necessity of organising such programs more frequently so that the college and school going youth become aware of this threat. This was followed by the speech of Dr Seema Batool, the Psychologist from GMC Anantnag. Her speech focused on Identification and Prevention of Drug and Substance Abuse. Next to speak was Dr Afaq Hyder, Medical Officer. GMC Anantnag. He talked about Addiction as a Disease and the risk factors involved. Next to speak to the audience was the Honourable Ex-Advisor to Lieutenant Governor, Mr Khursheed Ahmad Ganie. He addressed the audience virtually. In his address he urged the assembled NSS Volunteers to save themselves and their nears and dears from the menace of drug abuse, because it not only causes serious harm to their health and career but also to the health and career of their nears and dears. His address was followed by the speech Dr Arooja Arshi, Clinical Psychologist, GMC Anantnag. She discussed the various reasons due to which the youth get addicted to drugs and other substances. She further suggested the ways of getting help for those who are caught in this dangerous mire. Ms Humaira Mushtaq, Drug Deaddiction Counsellor, Kulgam, spoke next. She explained to the audience how the drug addicts are treated in the government rehabilitation centres. After that, Faisal Aman Wani, an NSS Volunteer of the host college was invited to the dais to share his views on the topic under discussion. He urged his fellow students to protect themselves from this career destroying and life-threatening monster. He further asked them to seek help in case they or their friends have already become addicted. The last to speak on the occasion was the Principal of GMC, Anantnag, Dr Tariq Qureshi. He talked about the role of the teaching community in curbing drug and substance abuse. He asked the faculty members of the college to keep watch and take immediate steps to control any such problem both on the college campus and in the society in general. His speech was followed by a question answer session in which students asked various questions of the experts regarding the serious social issue under discussion in the program. The event finally concluded with a formal vote of thanks by Dr Nisar Nadeem, Head, Department of Kashmiri, and Convener, Debates and Seminars Committee, who also moderated the whole event.

NSS Programme Officer (Shahid Yousuf Gilkar)

Copy to:

a) Worthy Principal for information

- b) Coordinator IQAC
- c) In-charge Website
- d) Office records

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